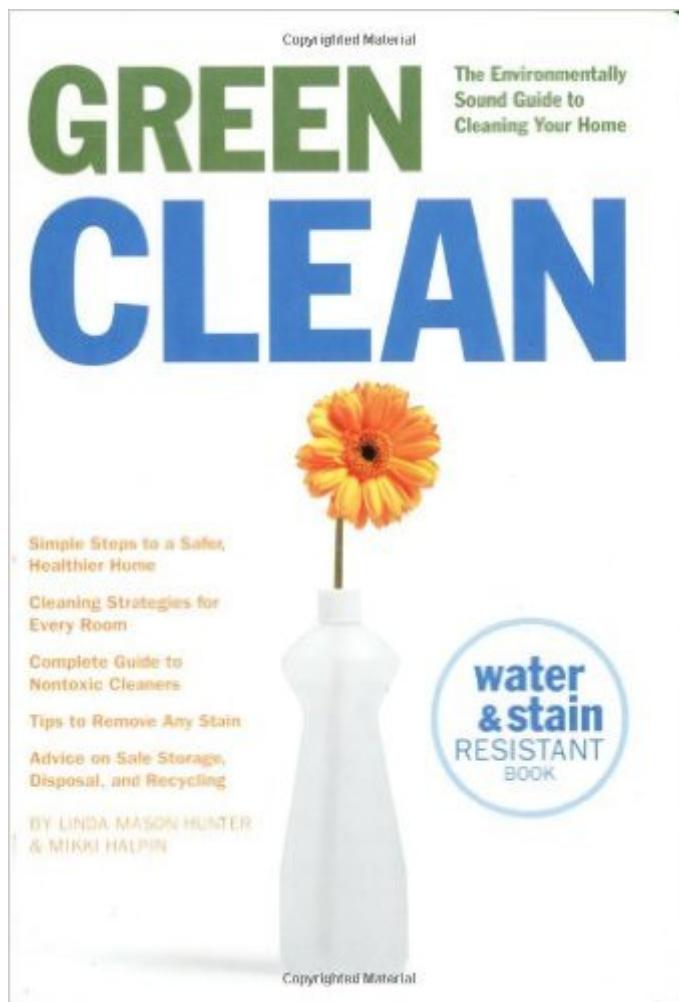


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# GREEN CLEAN: The Environmentally Sound Guide To Cleaning Your Home



## Synopsis

Green Clean is the definitive, step-by-step guide to cleaning better while using natural, safe products. Room by room and stain by stain, the book offers non-carcinogenic strategies for cleaning deeply and more efficiently. In a unique, waterproof DuraBook format, Green Clean breaks environmentally conscious cleaning into simple principles and easily mastered routines, with beginner, expert, and advanced techniques that let readers set their own goals and develop their own cleaning plans.

## Book Information

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Average Customer Review: 4.5 out of 5 starsÂ  See all reviewsÂ  (43 customer reviews)

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## Customer Reviews

Green Clean provides an excellent resource to greening your home environment. The book briefly begins with the history of cleaning, the toxic chemicals that are contained in our modern cleaning agents, and an introduction to green cleaning including the tools needed and steps to the process. Next, the book dives into a room-by-room green guide to cleaning. Included are how to clean different types of surfaces such as walls, floors, countertops, sinks, appliances, furniture, carpeting and clothing. The latter part of the book talks about storage, disposal, and recycling of hazardous household products including a handy chart with the type of product listed with the best way to dispose of it. Many recipes for creating your own cleaning products such as an all-purpose cleaner, carpet cleaners and deodorizers, dishwashing, disinfectants, drain cleaners, floor cleaners, air fresheners, furniture polish, laundry detergent, metal cleaners, window cleaners, oven cleaners, sink, toilet and tile cleaners. There is a stain guide for how to get out tough laundry stains naturally

as well. Additionally, a product guide along with resources and readings are included. This book includes an index and is made out of durable synthetic paper. You could leave the book in the bathroom and not have to worry about it getting wet and ruined. Using the tips and recipes contained in the book can save your family money, but more importantly you'll learn how to green your environment. I had already been using cleaning products similar to those recommended (baking soda and vinegar can do wonders) and find they work excellently, and I do not have to worry about having toxic cleaning products in my house near my child and dogs. Overall, I learned from this book and highly recommend it to anyone looking to green their cleaning routine. C.J. Wong, M.S.(Biology), M.S. (Lib. Info. Sci.)Editor, Organic Family Magazine

I purchased Green Clean after reading the positive reviews from this site. I was so disappointed in this purchase that I only made it half way through the book and had to come on line right away to warn others of this useless publication. The first half of the book details why you should clean green, as I am a novice to green cleaning I felt I would learn at least something new I had not heard before. Unfortunately, this was not the case as the author's state well known issues with our societies over use of toxic substances and the hazards of many of the chemicals on the market today. Not only was the information common knowledge and very basic but the authors stated these points over and over again in relentless fashion until I gave up reading the book in a linear fashion and moved on to try to find information regarding the actual cleaning of my home. This publication offers few recipes on creating your own homemade cleaners only about 10 real pages of recipes in a 200 page publication and short changes the readers by simply encouraging them to just buy green products already on the market. To make matters worse I felt the advice given on cleaning in this text condescending and ridiculous. Who doesn't know to hang up towels to dry, to attend to stains immediately if they can, or how to sort laundry? Green Clean seems to me better suited for a simple website than a publication, I recommend you save your money or purchase Better Basics for the Home.

This is an excellent resource for those of us wishing to remove the pollutants from our homes. The authors give detailed information on exactly what is in those 'wonder products' we currently use, like dishwashing liquid, floor waxes & cleaners and innumerable other items we use on a daily basis. The information in this book will shock you, prompt you to change the way you clean and give you the necessary tools and information to not only purchase SAFE products but create your own and live a 'greener' life. Creating your own cleaning products is not only less expensive than purchasing

premade cleaners, but you KNOW what went into them!! You know how safe they are; for example - would you rather accidentally drink windex and hope for the best? Or accidentally ingest home made window cleaner (club soda)? Did you know that dishwashing liquid is the number one cleaning product accidentally ingested by children? I didn't. And even though my cleaning products are kept well away from my 2 year old son, it is possible that accidents happen and I am not willing to take that chance. This book is filled with information so that you as a consumer can make informed choices about what you will and will not tolerate in your home, the chances you are willing to take with cleaning products and how to change what you use...and even our impact on the planet.

"Green Clean" is a treasure for every household. Even if you do not care about the environment or about your health, this book is definitely worth its money. It contains not only the expected environmentally sound advice but also strategies for keeping your home clean and orderly. There are also great do-it-yourself recipies for cleaning products (my favourite: DIY air freshener, it smells exactly the way I want it), and countless invaluable little tips on how to make life easier, e.g. how to load your dishwasher most efficiently, how to organize your kitchen appliances. I used to hate cleaning, truly hate it. I would put it off all the time and if I finally got around to it I never got it all done, and I always felt deep down inside what a hopeless task cleaning is because even the most sparkling bathroom looks messy again the next day. Since buying this book I haven't started to love cleaning but it's not so bad anymore. Cleaning has become easier and less time-consuming and way more efficient. It's now part of my daily routine, no big deal. I save money, water and electricity. My home stays clean and good-looking every day and it smells great, too. Mother-in-law, you're welcome to drop in any time!

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